



The Gibson Center
YOUR ONE-STOP HEALTH SHOP

Chiropractic, Acupuncture,
Allergy & Stress Relief

“Every 19 Seconds a Fall-Related Fatality Occurs.” **The Harvard Medical School**

Those who live with balance/vestibular deficits or failures unfortunately may not know where to go or what to do about it. Frankly, there are not a great many ways to tackle this increasingly prevalent issue. Wobble boards and rocker boards just aren't up to this complex task of tackling balance and vestibular deficits. In recognition of this reality fact, **ProBalance360 and Mechanical Motion Therapy** were developed.

Welcome to ProBalance360, which helps patients improve their balance and coordination.

Do not ever take balance (or lack thereof) for granted. During our individual tracks through life, numerous physical and physiological changes occur, and our bodies are forced to adapt for the purpose of preservation of caloric energy and survival. One of the most critical aspects of our well-being which often gets overlooked is the ability to maintain balance and stability while being freely mobile. The seemingly simple skill of being confident and sure-footed becomes increasingly vital as we get older. It is not until one has a fall and hard landing that the person realizes they have balance and coordination issues that could have been addressed before an often devastating injury.

The **ProBalance36 and ProSoft Mechanical Motion Therapy** offer a variety of interactive progressive personal challenges which are fun to do for the clients who look forward to producing better scores than those produced during their previous session or even within the same session.